

The Artful Season

AUGUST 2026

Companion Leaf

Making Room

An invitation to make room for beauty in everyday life

This Month's Creative Practice

Choose one beautiful object you've been saving for "someday." Give it a place in your everyday life. Use it. Enjoy it. Or discover an entirely new purpose for something you've treasured for years.

Then spend a few quiet moments noticing how it changes not only your space, but the way you feel in it.



©2026 Karen Armstrong

Pause & Notice

What have I been saving for someday?

A Thought to Keep -

Beauty doesn't become more precious because we save it. It becomes part of our story when we welcome it into everyday life.

